

**SCHEMA THERAPY TRAINING AUSTRALIA**  
APPROVED CERTIFICATION TRAINING PROGRAM



host

## INTRODUCTORY SCHEMA THERAPY PRACTITIONER TRAINING / LEVEL 1 "The Model, Method, and Techniques"

presented by:

**Dr Robert Brockman**  
**SCHEMA THERAPY TRAINING AUSTRALIA (STTA)**  
**PhD/DClinPsy, Clinical Psychologist (Sydney, Australia)**  
ISST Accredited Schema Therapist, Supervisor & Trainer

**3-day workshop**

**Thurs 24<sup>th</sup> – Sat 26<sup>th</sup> October 2019**  
**9.00am to 5.00pm**

**Venue: 87 Club Street, #03-01, 069455, Singapore**

**Course Fee:**

Early Bird Registration: SGD 1,099.00  
(pay by 23<sup>rd</sup> July 2019)

Standard Registration: SGD 1,199.00

To register, click [here](#) or email: [Admin@Elephant.com.sg](mailto:Admin@Elephant.com.sg)

**Focus of the course:** This introductory workshop will help attendees gain an understanding of the Schema Therapy model and provide an extensive platform for learning new skills and techniques used in Schema Therapy. The workshop will address both the schema and 'mode' models. The training is skills based, with multiple opportunities to learn complex techniques for working with difficult-to-treat clinical populations, with a particular focus on Borderline Personality Disorder and its treatment. It will provide you with a good platform for learning and practicing skills, as well as direct coaching of skills therapists often feel less confident in applying. **This workshop presented by STTA is accredited by the International Society of Schema Therapy** (ISST) as a 3-day introductory workshop that can be used for the purpose of accreditation as a schema therapist. For more information on the ISST accredited training program see [www.schematherapytraining.com](http://www.schematherapytraining.com). Places are strictly limited to 20 participants to allow for better supervised practice and feedback and we expect this workshop to quickly reach full capacity so please book early to avoid disappointment.

*Bookings can only be confirmed upon full payment*

**Presenter Bio:** Dr Brockman has extensive experience teaching and supervising on clinical psychology masters programs in Sydney since 2010. His clinical experience is drawn from both public (e.g. Hospitals, community mental health) and private health sector positions (private practice) in Sydney. Dr Brockman is accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor and trainer. He currently holds a research fellowship with Australian Catholic University (ACU) where he researches psychological approaches to well-being. He has a major clinical and research interest in formulation and intervention with complex presentations that prove difficult to treat via standard evidence-based protocols. Dr Brockman is currently engaged in clinical research focusing on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Problem Gamblers, Forensic Patient and Psychosis). Dr Brockman is also currently a consultant clinical supervisor for the Institute of Mental Health (IMH) Singapore.

