



host

INTRODUCTORY SCHEMA THERAPY PRACTITIONER TRAINING / LEVEL 1 "The Model, Method, and Techniques"

presented by:

CHRIS HAYES
SCHEMA THERAPY TRAINING AUSTRALIA (STTA)
Senior Clinical Psychologist (Perth, Australia), Former ISST Board Secretary
ISST Accredited Advanced Schema Therapist, Supervisor & Trainer

3-day workshop

Wed 15th – Fri 17th April 2020
9.00am to 5.00pm

Course Fee:

Early Bird Registration: SGD 1,099.00
(pay by 15th January 2020)

Standard Registration: SGD 1,199.00

Venue: Copthorne Kings Hotel
403, Havelock Road, 169632 Singapore

To register, click [here](#) or email: Admin@Elephant.com.sg

Focus of the course: This introductory workshop will help attendees gain an understanding of the Schema Therapy model and provide an extensive platform for learning new skills and techniques used in Schema Therapy. The workshop will address both the schema and 'mode' models. The training is skills based, with multiple opportunities to learn complex techniques for working with difficult-to-treat clinical populations, with a particular focus on Borderline Personality Disorder and its treatment. It will provide you with a good platform for learning and practicing skills, as well as direct coaching of skills therapists often feel less confident in applying. **This workshop presented by STTA is accredited by the International Society of Schema Therapy** (ISST) as a 3-day introductory workshop that can be used for the purpose of accreditation as a schema therapist. For more information on the ISST accredited training program see www.schematherapytraining.com. Places are strictly limited to 20 participants to allow for better supervised practice and feedback and we expect this workshop to quickly reach full capacity so please book early to avoid disappointment.

Bookings can only be confirmed upon full payment

Presenter Bio: Chris Hayes has had extensive experience in both government and private settings working with clients with complex psychological presentations. Chris completed advanced certification in schema therapy at the Schema Therapy Institute in New York City (USA), and was trained directly by Dr Jeffery Young. Since 2005, he has been practicing as an advanced Schema Therapist, supervisor and trainer. He has presented workshops in the Austria, UK, Ireland, Spain, Malaysia, New Zealand and Australia. He is the Director of Schema Therapy Training Australia. Chris started his career working with adolescents with emerging personality disorders and clients with substance abuse and co-morbid and complex psychological problems. Chris was Co-Director of "Schema Therapy Workshops", a principal UK training provider of Schema Therapy to clinicians working within the National Health Service (NHS).

Chris now devotes his time to working as a Senior Clinical Psychologist in public & private settings.

He has coproduced 2 DVD releases "Fine Tuning Imagery Rescripting" and "Fine Tuning Chair Work in Schema Therapy", both of which are highly recommended. He has previously served as Secretary of the Board for the ISST.

