

TREATING THE NARCISSIST:

Perspectives from Schema Therapy and Psychoanalytic Self Psychology



ELEPHANT

THErapy & TRAINING
EMPOWERING COMMUNITIES

presented by:

Professor Bruce Stevens

Clinical and Forensic Psychologist
PhD (Boston University), Member of Clinical and
Forensic Colleges APS, Advanced Trainer in Schema
Therapy (ISST) for Individual and Couple therapy

1-day workshop

Fri 13th September 2019

9.00am to 4.00pm

Fee for 1-day workshop:

Super Early Bird: SGD 299.00 (pay by 30 Apr 2019)

Early Bird: SGD 349.00 (pay by 30 Jun 2019)

Standard: SGD 399.00

Venue: 87 Club Street, #03-01, 069455, Singapore

To register, click [here](#) or email: Admin@Elephant.com.sg

This one day workshop will look at the psychoanalytic idea of self-structure and the distinctive deficits for the narcissist identified by Heinz Kohut in Self Psychology (SP). This formulation will be compared to the mode model in Schema Therapy (ST) with the self-aggrandizer mode. Ideas for treatment will be considered such as affective attunement in SP, re-parenting and chair-work in ST. The common ground in both therapeutic approaches is found in the idea of a corrective emotional experience. This is a workshop for experienced therapists and it is essential that participants bring a clinical case with narcissistic features (not necessarily meeting the full DSM-5 diagnosis) to discuss in small groups and to work on through the day.

We expect the workshop to reach full capacity so please book early to avoid disappointment.

About: Dr Bruce Stevens (PhD Boston University, 1987)

Dr Stevens is the Wicking Professor of Ageing and Practical Theology at Charles Sturt University, Canberra, Australia. He is an endorsed clinical and forensic psychologist and has Advanced Schema Therapy accreditation with ISST in individual and couple therapy. Dr Stevens has written eight books for publishers such as Random House, Harper Collins, PsychOz Publications, Australian Academic Press, New Harbinger and Wiley-Blackwell.



Recent relevant publications or papers:

Schema therapy for couples: A practitioner's guide to healing relationships with international authors Dr Chiara DiFrancesco (USA) and Dr Eckhard Roediger (Germany), Walden, MA: Wiley-Blackwell, 2015.

Breaking negative relationship patterns (self-help Schema Therapy) with Dr Eckhard Roediger, Walden, MA: Wiley-Blackwell, 2016.

Fit to practice: How to manual for psychologists with Kaye Frankcom and Phil Watts, Brisbane: Australian Academic Press, 2016.

Contextual Schema Therapy with Eckhard Roediger and Robert Brockman: New Harbinger Publications, 2018.

Convenor of the Clinical Psych program at University of Canberra (2010-2014). Bruce has developed and taught multiple accredited trainings courses across Schema Therapy, Advanced Assessment and Forensic Psychology and contributed to various other subjects in the program.